



## What is Veterans Day?



### Student Targets:

I can understand why we have Veterans Day

I can show support for veterans with a poppy

### Materials/Equipment:

- The Poppy Lady by BarBara Elizabeht Walsh
- A song for Veterans such as "Thank a Vet"
- Red tissue paper
- Circle Template
- Brown pipe cleaners
- Scissors
- Glue
- Black Marker or paint or tissue paper



### Activity Procedures:

1. Explain to students that Veterans Day or Memorial Day is a way to remember and honor veterans.
  - a. Veterans Day started in 1919 and was originally called Armistice Day. It honors all veterans for their service in the U.S. Armed Forces.
2. Read the book The Poppy Lady
3. Ask students if they know any veterans.
  - a. Is anyone in their family a veteran?
  - b. Are any friends a veteran or have a veteran in their family?
  - c. Is a neighbor a veteran?
4. Teach them a song they can sing to say "thank you"
5. Have students make a poppy ([here is a link to detailed instructions](#))
  - a. Cut 3-5 circles from the red tissue paper
    - i. If you are using black tissue paper cut 3 smaller circles and layer those on top of the red tissue
  - b. Push the pipe cleaner through the center of each circle
  - c. Bend the pipe cleaner and use glue to secure it to the petals
  - d. Crunch the tissue circles around the pipe cleaner

i. If you are using paint or marker color the center of the top petal

Debrief Questions:

- How does the story portray the importance of honoring those who have served in the military?
- What can we learn from Moina's story about the power of individual action and advocacy?
- How does the story connect to Veterans Day?
- What are some things you could do to honor veterans in your community?